

IUHPE Health Promotion Accreditation System

Practitioners Application Form

Please read the guidance notes below before completing the application form

- Make sure that all sections are completed as incomplete applications cannot be processed
- Make a copy of your application and keep it for your records
- The IUHPE Assessment Committee (National/Global as relevant) can ask you to supply additional information and/or seek verification of all information given in this application form so please ensure that you have collected and retained all relevant information, awards, certificates, etc.
- Formal notification of the outcome of the assessment process may take up to 8 weeks after the close of the application period.

The application form comprises:

Personal and contact details

Declaration indicating that you have read understood and accepted the criteria for registration and the Ethical Principles which underpin the System. **NOTE** You will not be able to continue with the application until you accept this step.

Education – if you are a graduate of a course *accredited within the System*

(please check list on the IUHPE System website) you should put a tick in the appropriate box and you will be asked to supply proof of graduation.

If you are not a graduate of such courses (or are applying under the time limited special provision for experienced practitioners) you must complete the following.

- **Details of Work experience**
- **Self-assessment of Knowledge Base for Health Promotion Practice**

NOTE

Please refer to information available on the website and in the Practitioner’s Handbook BEFORE you complete and submit an application. Administrative fees which must be submitted with completed application with are NOT REFUNDABLE. It is your responsibility to check if you are likely to meet the required criteria. If you need more information please contact the NAO or GAO Coordinator.

Self-assessment of Knowledge Base for Health Promotion Practice

You must tick the boxes to indicate that you have the required knowledge base related to each area and indicate where the knowledge was acquired.

Knowledge	Tick to confirm that you have required knowledge	Please indicate where knowledge acquired – you may tick more than one box		
		Education /training (please indicate BSc/MSc/other)	Work Experience (Give brief details e.g. peer support/onsite education).	Other, please specify
<ul style="list-style-type: none"> • The concepts, principles and ethical values of Health Promotion as defined by the Ottawa Charter for Health Promotion (WHO, 1986) and subsequent charters and declarations 				
<ul style="list-style-type: none"> • The concepts of health equity, social justice and health as a human right as the basis for Health Promotion action 				
<ul style="list-style-type: none"> • The determinants of health and their implications for Health Promotion action 				
<ul style="list-style-type: none"> • The impact of social and cultural diversity on health and health inequities and the implications for Health Promotion action 				
<ul style="list-style-type: none"> • Health Promotion models and approaches which support empowerment, participation, partnership and equity as the basis for Health Promotion action 				
<ul style="list-style-type: none"> • The current theories and evidence which underpin effective leadership, advocacy and partnership building and their implication for Health Promotion action 				

Knowledge	Tick to confirm that you have the required knowledge	Please indicate where knowledge acquired – you may tick more than one box		
		Education /training (please indicate BSc/MSc/other)	Work Experience (Please give brief details e.g. peer support/onsite education.	Other, please specify
<ul style="list-style-type: none"> • The current models and approaches of effective project and programme management (including needs assessment, planning, implementation and evaluation) and their application to Health Promotion action 				
<ul style="list-style-type: none"> • The evidence base and research methods, including qualitative and quantitative methods, required to inform and evaluate Health Promotion action 				
<ul style="list-style-type: none"> • The communication processes and current information technology required for effective Health Promotion action 				
<ul style="list-style-type: none"> • The systems, policies and legislation which impact on health and their relevance for Health Promotion. 				

SUMMARY OF ROLE AND SELF ASSESSMENT OF COMPETENCE

The applicant must provide a summary of their role with reference to the definition of a Health Promotion practitioner and of Health Promotion.

Self-Assessment of Competence

You must provide a brief summary (max 200 words) of health promotion work that they you have done which demonstrates the performance criteria for each of the IUHPE Professional Standards.

At least 50% of the examples (i.e. overall - not for each domain) must describe work done in the last five years.

You may be asked to provide evidence of all experience, activities, education and training that are included in the application at any point in the application process or at any point during the period of registration.

IUHPE Core Competencies and Professional Standards 1. Enable Change - Enable <i>individuals, groups, communities and organisations to build capacity for health promoting action to improve health and reduce health inequities. A Health Promotion practitioner is able to:</i>		
<i>Core Competency Statement</i>	Knowledge and Skills required include:	Performance Criteria – evidence provided either from documentation, or from assessment during work or study, of the applicant’s ability to:
<p><i>1.1 Work collaboratively across sectors to influence the development of public policies which impact positively on health and reduce health inequities</i></p> <p><i>1.2 Use Health Promotion approaches which support empowerment, participation, partnership and equity to create environments and settings which promote health</i></p> <p><i>1.3 Use community development approaches to strengthen community participation and ownership and build capacity for Health Promotion action</i></p> <p><i>1.4 Facilitate the development of personal skills that will maintain and improve health</i></p> <p><i>1.5 Work in collaboration with key stakeholders to reorient health and other services to promote health and reduce health inequities</i></p>	<p>Knowledge</p> <ul style="list-style-type: none"> • Theory and practice of collaborative working including: facilitation, negotiation, teamwork, conflict resolution, mediation, • Knowledge of strategy and policy development and how legislation impacts on health • Health Promotion models • Health Promotion settings approach • Behavioural change techniques for brief advice/intervention • Institutional theory • Theory and practice of organisational development and change management • Theory and practice of community development including: empowerment, participation and capacity building • Understanding of social and cultural diversity <p>Skills</p> <ul style="list-style-type: none"> • Partnership building and collaborative working • Behavioural change techniques • Organisational development • Change management • Community development including empowerment, participation and capacity building • Ability to work with: Individuals and community groups defined by geography, culture, age, setting, or interest; Individuals and teams in own/other organisations/sectors 	<p>1a. Contribute to collaborative work with stakeholders across specified sectors that aim to develop or change policies, and/or change health or other services, to promote health and wellbeing, reduce health inequities, and promote sustainable action in a specified area.</p> <p>1b. Demonstrate an ability to select appropriate change management and organisational development approaches to support the creation of health promoting environments and/or settings in a specified area, and show how the approaches used support, participation empowerment, partnership and equity.</p> <p>1c. Select and use appropriate community development approaches for a specified community, and show how the methods used can lead to strengthened participation, ownership and Health Promotion capacity.</p> <p>1d. Use appropriate behavioural change techniques for individuals or groups to facilitate the development of personal skills to maintain or improve health, and develop the capacity of others to support behavioural change.</p>

1. Enable change – please give an example of your work experience that illustrates that you meet the above performance criteria. You should refer to experience that covers MOST of the performance criteria. You should take note of any gaps in your experience so that you can address these in future CPD.

If you refer to more than one example of work experience in a domain please list as Example A, B, C, etc.

Type of work/activity
When completed
Where completed
Brief description of the action and your role with reference to the performance criteria above (max 200 words)

Other comments

IUHPE Core Competencies and Professional Standards

2. Advocate for Health - Advocate with, and on behalf of individuals, communities and organisations to improve health and well-being and build capacity for Health Promotion action. A Health Promotion practitioner is able to:

Core Competency Statement	Knowledge and Skills required include:	Performance Criteria – evidence provided either from documentation, or from assessment during work or study, of the applicant’s ability to:
<p>2.1 Use advocacy strategies and techniques which reflect Health Promotion principles</p> <p>2.2 Engage with and influence key stakeholders to develop and sustain Health Promotion action</p> <p>2.3 Raise awareness of and influence public opinion on health issues</p> <p>2.4 Advocate for the development of policies, guidelines and procedures across all sectors which impact positively on health and reduce health inequities</p> <p>2.5 Facilitate communities and groups to articulate their needs and advocate for the resources and capacities required for Health Promotion action</p>	<p>Knowledge</p> <ul style="list-style-type: none"> • Determinants of health • Advocacy strategies and techniques • Methods of stakeholder engagement • Health and wellbeing issues relating to a specified population or group • Theory and practice of community development including: empowerment, participation and capacity building <p>Skills</p> <p>Use of advocacy techniques</p> <ul style="list-style-type: none"> • Working with a range of stakeholders • Facilitation • Community development including empowerment, participation, capacity building and equality impact assessment <p>Ability to work with: Individuals and community groups defined by gender, social and economic status, geography, culture, age, setting, or interest; Individuals and teams in own/other organisations/sectors</p>	<p>2a. Show how advocacy strategies can be used in a specified area for Health Promotion action, and demonstrate how they reflect Health Promotion principles.</p> <p>2b. Identify the range of relevant stakeholders/partners in a specified area, and show how their support can be engaged to develop and sustain Health Promotion action.</p> <p>2c. Select and use appropriate communication methods for a specified target group in order to raise awareness, influence opinion and enable action on health and wellbeing issues.</p> <p>2d. Select and use appropriate community development approaches to facilitate a specified community or group to articulate their health and wellbeing needs.</p>

2. Advocate for Health – please give an example of your work experience that illustrates that you meet the above performance criteria. You should refer to experience that covers MOST of the performance criteria. You should take note of any gaps in your experience so that you can address these in future CPD.

If you refer to more than one example of work experience in a domain please list as Example A, B,C, etc.

Type of work/activity
When completed
Where completed
Brief description of the action and your role with reference to the performance criteria above (max 200 words)

Other comments

IUHPE Core Competencies and Professional Standards		
3. Mediate through partnership - Work collaboratively across disciplines, sectors and partners to enhance the impact and sustainability of Health Promotion action. A Health Promotion practitioner is able to:		
<i>Core Competency Statement</i>	Knowledge and Skills required include:	Performance Criteria – <i>evidence provided either from documentation, or from assessment during work or study, of the applicant’s ability to:</i>
<p><i>3.1 Engage partners from different sectors to actively contribute to Health Promotion action</i></p> <p><i>3.2 Facilitate effective partnership working which reflects Health Promotion values and principles</i></p> <p><i>3.3 Build successful partnership through collaborative working, mediating between different sectoral interests</i></p> <p><i>3.4 Facilitate the development and sustainability of coalitions and networks for Health Promotion action</i></p>	<p>Knowledge</p> <ul style="list-style-type: none"> • Theory and practice of collaborative working including: facilitation, negotiation, conflict resolution, mediation, teamwork, stakeholder engagement • Systems, structures and functions of different sectors • Principles of effective intersectoral partnership working <p>Skills</p> <ul style="list-style-type: none"> • Stakeholder engagement • Collaborative working • Facilitation • Ability to work with: stakeholders from community groups and organisations; and partnerships, coalitions or networks for health improvement; public and private sector and civil society • Networking 	<p>3a. Demonstrate the skills or actions necessary to develop, facilitate and sustain effective partnership working by describing own role in a specified partnership, coalition or network.</p> <p>3b. Identify the range of relevant stakeholders/partners in a specified area, and show how they are engaged actively in Health Promotion action.</p> <p>3c. Show how different sectoral interests in a specified partnership, coalition or network are identified and acted upon, and demonstrate own role in mediating between sectors.</p>

3. Mediate through partnership – please give an example of your work experience that illustrates that you meet the above performance criteria. You should refer to experience that covers MOST of the performance criteria. You should take note of any gaps in your experience so that you can address these in future CPD.

If you refer to more than one example of work experience in a domain please list as Example A, B, C, etc.

Type of work/activity
When completed
Where completed
Brief description of the action and your role with reference to the performance criteria above (max 200 words)

Other comments

IUHE Core Competencies and Professional Standards		
4. Communication - Communicate Health Promotion actions effectively using appropriate techniques and technologies for diverse audiences. A Health Promotion practitioner is able to:		
<i>Competency Statement</i>	Knowledge and Skills required include:	Performance Criteria – evidence provided either from documentation, or from assessment during work or study, of the applicant’s ability to:
<p><i>4.1 Use effective communication skills including written, verbal, non-verbal, listening skills and information technology</i></p> <p><i>4.2 Use electronic and other media to receive and disseminate Health Promotion information</i></p> <p><i>4.3 Use culturally appropriate communication methods and techniques for specific groups and settings</i></p> <p><i>4.4 Use interpersonal communication and groupwork skills to facilitate individuals, groups, communities and organisations to improve health and reduce health inequities</i></p>	<p>Knowledge</p> <ul style="list-style-type: none"> • Understanding of social and cultural diversity • Interpersonal communication • Theory and practice of effective group work • Current applications of information technology for social networking media, and mass media • Diffusion of innovations theory • Health literacy <p>Skills</p> <ul style="list-style-type: none"> • Communication skills: including written, verbal, non-verbal, listening skills and information technology • Working with individuals and groups • Use of electronic media and information technology • Use of print, radio, TV and social media • Ability to work with: individuals, groups, communities and organisations in diverse settings. 	<p>4a. Use a range of communication skills for Health Promotion action, including: written, verbal, non-verbal, listening, presentation and groupwork facilitation skills.</p> <p>4b. Have a working knowledge of the use of information technology and electronic media for Health Promotion.</p> <p>4c. Identify and use culturally sensitive and appropriate communication techniques for a specified group.</p> <p>4d. Identify and use innovative and/or unconventional communication techniques according to local setting, customs and social and cultural environment.</p>

22. **Communication** – please give an example of your work experience that illustrates that you meet the above performance criteria.

You should refer to experience that covers MOST of the performance criteria. You should take note of any gaps in your experience so that you can address these in future CPD.

If you refer to more than one example of work experience in a domain please list as Example A, B, C, etc.

Type of work/activity
When completed
Where completed
Brief description of the action and your role with reference to the performance criteria above (max 200 words)

Other comments

IUHPE Core Competencies and Professional Standards		
5. Leadership - Contribute to the development of a shared vision and strategic direction for Health Promotion action. A Health Promotion practitioner is able to:		
<i>Competency Statement</i>	Knowledge and Skills required include:	Performance Criteria – evidence provided either from documentation, or from assessment during work or study, of the applicant’s ability to:
<p>5.1 Work with stakeholders to agree a shared vision and strategic direction for Health Promotion action</p> <p>5.2 Use leadership skills which facilitate empowerment and participation (including team work, negotiation, motivation, conflict resolution, decision-making, facilitation and problem-solving)</p> <p>5.3 Network with and motivate stakeholders in leading change to improve health and reduce inequities</p> <p>5.4 Incorporate new knowledge and ideas to improve practice and respond to emerging challenges in Health Promotion</p> <p>5.5 Contribute to mobilising and managing resources for Health Promotion action</p> <p>5.6 Contribute to team and organisational learning to advance Health Promotion action</p>	<p>Knowledge</p> <ul style="list-style-type: none"> • Theory and practice of effective leadership • Management and organisational development theory • Strategy development • Theory and practice of collaborative working including: facilitation, negotiation, conflict resolution, mediation, decision-making, teamwork, stakeholder engagement • Principles of effective intersectoral partnership working • Emerging challenges in health and Health Promotion • Principles of effective human and financial resource management and mobilisation <p>Skills</p> <ul style="list-style-type: none"> • Stakeholder engagement • Collaborative working skills • Facilitation • Ability to motivate groups and individuals towards a common goal • Resource management 	<p>5a. Identify and mobilise leaders within the community, showing how they are engaged and motivated to agree a shared vision and strategic direction.</p> <p>5b. Demonstrate use of own leadership skills in e.g. teamwork and decision-making describing own role in a specified area of Health Promotion action.</p> <p>5c. Demonstrate how to incorporate new ideas and knowledge to improve practice through own role in a specified area of Health Promotion action.</p> <p>5d. Demonstrate how resources were mobilised for a specified Health Promotion action, and show an understanding of the principles of effective management of staff and/or budgets for Health Promotion.</p> <p>5e. Reflect on own practice, and show how this contributes to team and/or organisational learning to advance Health Promotion action.</p>

5. Leadership – please give an example of your work experience that illustrates that you meet the above performance criteria. You should refer to experience that covers MOST of the performance criteria. You should take note of any gaps in your experience so that you can address these in future CPD.

If you refer to more than one example of work experience in a domain please list as Example A, B, C, etc.

Type of work/activity
When completed
Where completed
Brief description of the action and your role with reference to the performance criteria above (max 200 words)

Other comments

IUHPE Core Competencies and Professional Standards		
6. Assessment - Conduct assessment of needs and assets, in partnership with stakeholders, in the context of the political, economic, social, cultural, environmental, behavioural and biological determinants that promote or comprise health. A Health Promotion practitioner is able to:		
<i>Competency Statement</i>	Knowledge and Skills required include:	Performance Criteria – evidence provided either from documentation, or from assessment during work or study, of the applicant’s ability to:
<p>6.1 Use participatory methods to engage stakeholders in the assessment process</p> <p>6.2 Use a variety of assessment methods including quantitative and qualitative research methods</p> <p>6.3 Collect, review and appraise relevant data, information and literature to inform Health Promotion action</p> <p>6.4 Identify the determinants of health which impact on Health Promotion action</p> <p>6.5 Identify the health needs, existing assets and resources relevant to Health Promotion action</p> <p>6.6 Use culturally and ethically appropriate assessment approaches</p> <p>6.7 Identify priorities for Health Promotion action in partnership with stakeholders based on best available evidence and ethical values</p>	<p>Knowledge</p> <ul style="list-style-type: none"> • A range of assessment processes using both qualitative and quantitative methods • Available data and information sources • Social determinants of health • Health inequalities • Evidence base for Health Promotion action • Understanding of social and cultural diversity <p>Skills</p> <ul style="list-style-type: none"> • Partnership building and negotiation • Health Impact Assessment • How to obtain, review and interpret data or information • Qualitative research methods including participatory and action research • Quantitative research methods including statistical analysis • Critical appraisal skills • Ability to work with: stakeholders from community groups/organisations; partnerships, coalitions or networks for health improvement; information/ data analysts and/or researchers 	<p>6a. Identify the range of relevant stakeholders/partners in a specified area, and show how their support is engaged in a needs assessment process, and in identifying priorities for action.</p> <p>6b. Select appropriate qualitative and quantitative methods for use in a specified assessment process.</p> <p>6c. Identify, collect, critically appraise and analyse a range of data and information relevant to a specified assessment process, and illustrate how conclusions lead to recommendations for Health Promotion action.</p> <p>6d. Demonstrate how the approaches used in a specified assessment process are socially, culturally and ethically appropriate.</p>

6. Assessment – please give an example of your work experience that illustrates that you meet the above performance criteria. You should refer to experience that covers MOST of the performance criteria. You should take note of any gaps in your experience so that you can address these in future CPD.

If you refer to more than one example of work experience in a domain please list as Example A, B, C, etc.

Type of work/activity
When completed
Where completed
Brief description of the action and your role with reference to the performance criteria above (max 200 words)

Other comments

IUHPE Core Competencies and Professional Standards

7. Planning- Develop measurable Health Promotion goals and objectives based on assessment of needs and assets in partnership with stakeholders. A Health Promotion practitioner is able to:

<i>Competency Statement</i>	Knowledge and Skills required include:	Performance Criteria – evidence provided either from documentation, or from assessment during work or study, of the applicant’s ability to:
<p><i>7.1 Mobilise, support and engage the participation of stakeholders in planning Health Promotion action</i></p> <p><i>7.2 Use current models and systematic approaches for planning Health Promotion action</i></p> <p><i>7.3 Develop a feasible action plan within resource constraints and with reference to existing needs and assets</i></p> <p><i>7.4 Develop and communicate appropriate, realistic and measurable goals and objectives for Health Promotion action</i></p> <p><i>7.5 Identify appropriate Health Promotion strategies to achieve agreed goals and objectives</i></p>	<p>Knowledge</p> <ul style="list-style-type: none"> • Use and effectiveness of Health Promotion planning models and theories • Principles of project/programme management • Principles of resource management and risk management <p>Skills</p> <ul style="list-style-type: none"> • Use of Health Promotion planning models • Analysis and application of information about needs and assets • Use of project/programme management tools • Ability to work with: groups and communities targeted by the Health Promotion action; stakeholders and partners 	<p>7a. Identify the range of relevant stakeholders/partners in a specified area, and devise ways through which their support and participation is engaged in planning Health Promotion action.</p> <p>7b. Present a rationale for the selection and use of appropriate Health Promotion planning model(s).</p> <p>7c. Develop an action plan, based on an assessment of needs and assets for a specified area that shows an understanding of: the range of Health Promotion strategies that may be used to meet identified needs; the human and financial resources required for Health Promotion action; and measurable goals.</p>

7. Planning – please give an example of your work experience that illustrates that you meet the above performance criteria. You should refer to experience that covers MOST of the performance criteria. You should take note of any gaps in your experience so that you can address these in future CPD.

If you refer to more than one example of work experience in a domain please list as Example A, B,C, etc.

Type of work/activity
When completed
Where completed
Brief description of the action and your role with reference to the performance criteria above (max 200 words)

Other comments

IUHPE Core Competencies and Professional Standards		
8. Implementation - Implement effective and efficient, culturally sensitive, and ethical Health Promotion action in partnership with stakeholders. A Health Promotion practitioner is able to:		
<i>Competency Statement</i>	Knowledge and Skills required include:	Performance Criteria – evidence provided either from documentation, or from assessment during work or study, of the applicant’s ability to:
<p><i>8.1 Use ethical, empowering, culturally appropriate and participatory processes to implement Health Promotion action</i></p> <p><i>8.2 Develop, pilot and use appropriate resources and materials</i></p> <p><i>8.3 Manage the resources needed for effective implementation of planned action</i></p> <p><i>8.4 Facilitate programme sustainability and stakeholder ownership through ongoing consultation and collaboration</i></p> <p><i>8.5 Monitor the quality of the implementation process in relation to agreed goals and objectives for Health Promotion action</i></p>	<p>Knowledge</p> <ul style="list-style-type: none"> • Principles of project/programme management • Principles of resource management including financial and human resources • Theory and practice of programme implementation • Understanding social and cultural diversity • Performance management • Quality assurance, monitoring and process evaluation • Theory and practice of community development including: empowerment, participation and capacity building <p>Skills</p> <ul style="list-style-type: none"> • Use of participatory implementation processes • Use of project/programme management tools • Resource management • Collaborative working • Ability to work with: groups and communities participating in the Health Promotion action; stakeholders and partners; team members • Monitoring and process evaluation 	<p>8a. Develop and pilot resources and materials for a specified Health Promotion action identifying the participatory processes used and demonstrating how they are culturally appropriate and empowering.</p> <p>8b. Identify the human and financial resources required for the implementation of a specified Health Promotion action, and demonstrate responsibility for staff and/or budgets.</p> <p>8c. Identify the range of relevant stakeholders/partners for a specified Health Promotion action, and show how collaboration is developed and sustained.</p> <p>8d. Identify the information required to monitor the quality of the implementation process, and show how it is collected, analysed and used to maintain quality.</p>

8. Implementation – please give an example of your work experience that illustrates that you meet the above performance criteria. You should refer to experience that covers MOST of the performance criteria. You should take note of any gaps in your experience so that you can address these in future CPD.

If you refer to more than one example of work experience in a domain please list as Example A, B,C, etc.

Type of work/activity
When completed
Where completed
Brief description of the action and your role with reference to the performance criteria above (max 200 words)

Other comments

IUHPE Core Competencies and Professional Standards		
9. Evaluation and Research - Use appropriate evaluation and research methods, in partnership with stakeholders, to determine the reach, impact and effectiveness of Health Promotion action. A Health Promotion practitioner is able to demonstrate:		
<i>Competency Statement</i>	Knowledge and Skills required include:	Performance Criteria – evidence provided either from documentation, or from assessment during work or study, of the applicant’s ability to:
<p><i>9.1 Identify and use appropriate Health Promotion evaluation tools and research methods</i></p> <p><i>9.2 Integrate evaluation into the planning and implementation of all Health Promotion action</i></p> <p><i>9.3 Use evaluation findings to refine and improve Health Promotion action</i></p> <p><i>9.4 Use research and evidence based strategies to inform practice</i></p> <p><i>9.5 Contribute to the development and dissemination of Health Promotion evaluation and research processes</i></p>	<p>Knowledge</p> <ul style="list-style-type: none"> ● Knowledge of different models of evaluation ● Formative and summative evaluation approaches ● Qualitative and quantitative research methods ● Data interpretation and statistical analysis ● Evidence base for Health Promotion <p>Skills</p> <ul style="list-style-type: none"> ● Use of a range of research methods and tools ● Ability to formulate answerable research questions ● Critical appraisal and review of literature ● Write research reports and communicate research findings effectively and appropriately ● Ability to work with: stakeholders, communities and researchers 	<p>9a. Identify the research methods appropriate for the evaluation of a specified Health Promotion action.</p> <p>9b. Critically appraise research literature and use evidence from systematic reviews and/or guidance in the planning and implementation of Health Promotion action</p> <p>9c. Analyse and evaluate complex data including statistical information relating to a specified Health Promotion action.</p> <p>9d. Show how findings from evaluation and monitoring processes are used to refine and improve Health Promotion action.</p> <p>9e. Report on research findings and identify their implications for stakeholders and communities; and contribute to publications in management or academic journals.</p>

9. Evaluation and research – please give an example of your work experience that illustrates that you meet the above performance criteria. You should refer to experience that covers MOST of the performance criteria. You should take note of any gaps in your experience so that you can address these in future CPD.

If you refer to more than one example of work experience in a domain please list as Example A, B,C, etc.

Type of work/activity
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Brief description of the action and your role with reference to the performance criteria above (max 200 words)

Other comments

7.8.2 Illustrative Examples of how to complete the self-assessment requirements

(Domains 1 and 2)

1. Enable Change

Example 1

A) “Alliance for Health Promotion in Hospitals and Long-Term Care Facilities”

B) “Patient oriented hospital ward”

A) “Alliance for Health Promotion in (city) Hospitals and Long-Term Care Facilities” is a network including all relevant owners of health care facilities in (city) (nearly 80% of all facilities). The network enables change of organizations by a systematic organized exchange of experiences related to health promotion activities. In addition also individual skills for changing health care services and implementing health promotion programs are facilitated by specific workshops. My role is planning, coordinating and conducting these activities (together with a colleague employed at the public agency “(city) Health Promotion”)

B) “Patient oriented hospital wards” was a project to improve the patient orientation (e.g. participation of patient, pain management) in hospitals ward by analysing and changing core processes in treatment and care. My role can be described as “change agent” who supported the project groups in the hospital (together with a management consultant). Part of the job was to facilitate the development of personal skills of project leaders in the hospital (e.g. project management skills, health promotion knowledge). (Insert web page link).

Example 2

Developing the capacity for health promotion cultural liaisons in primary care to serve the immigrant population

Together with the Ministry of Health in (country), we have developed the concept of health promotion cultural liaisons, building capacity for cultural competence and for closing the disparities to promote equity in community health. This long term initiative was also reported in the issue of Promotion and Education special supplement on effectiveness. My role has been to develop, manage and support and build capacity both of the cultural liaisons as well as of the primary care staff that they work with.

Example 3

A Programme Manager role for (organisation)

B Lead for Healthier Communities and Older People for (organisation)

1a: As both Programme Manager and the lead for (organisation) action plan, a key element of my work was to develop multi-agency partnerships in order to work collaboratively to improve health and reduce health inequalities in (city). This involved developing both a multi-agency strategy and an action plan with key partners including Education, Social Services, Children and Young People’s Services, Youth

Service, Contraception and Sexual Health Services and Housing, as well as young people themselves.

1b: A method used for development of the (organisation) action plan, was a facilitated workshop approach, where all members of the partnership were supported and encouraged to participate and share their key priorities, and suggestions as to how these could be addressed.

1c: One aim of the Teenage Pregnancy strategy was to ensure that young people were fully involved and felt able to participate thus leading to increased control and greater self-confidence. This was achieved in various ways depending on the age of the young people. For younger people this involved members of the Youth Service working with them in the supportive environment of their own Youth Clubs to discuss barriers to them accessing contraception and sexual health services.

1d: Whilst in this role, I developed the project to support and enable teenage mothers to return to education, training or employment. This involved fully understanding the context in which these young mothers lived and considering their capability, opportunity and motivation to change. This was achieved through both individual and group work. The work was underpinned by principles of respect, honesty and a desire for social justice.

2. Advocate for Health

Example 1.

A) Project “Sustainable Hospital”

The project “Sustainable Hospital” had three program phases (feasibility study, development and implementation of actions, and transfer of results and networking). The guiding concept for the developing of a sustainable hospital was the integration of the sustainability triangle (social, economic, ecological aspects) and also health promotion strategies with the work and treatment process in hospitals. In 2008 the transfer phase started and together with the project partner (university) the “sustainable hospital approach” was disseminated by special advocacy strategies. A website was installed, “drug boxes” with an package insert providing information about “sustainable hospital approaches” were printed and distributed in (country) (especially within the hospital sector), results and the “agenda” were also spread via presentations (e.g. hospital conferences), publications, press releases, and last but not least was lobbying by political stakeholders done. (Insert web page link).

Example 2.

Advocacy for legislature on smoking in public places; advocacy for including smoking cessation in the (organization) in (country)

We are following quite closely the development of change, an update of legislation with relation to smoking in public places, smoking advertisement and packing, signage, enforcement of directive and laws in health institutions, the basic of services for smoking cessation in the National Health Insurance Law in addition to using the laws as a springboard for promoting smoking cessation programs for workers. This type of advocacy for health promotion requires building and maintaining alliances with other stakeholders: Ministry of Health professional organizations, NGOs and representatives of the private sector.

Example 3.

A Programme Manager for (organisation)

B Lead for Healthier Communities and Older People (organisation)) element of Local Area Agreement (LAA) whilst Senior Public Health Development Manager

C Senior Public Health Workforce Development (PHWD) Manager

D Co-coordinator and Chair production of Public Health Annual Report (PHAR)

2a: In my role of PHWD Manager I have been advocating for the development of a registration programme for PH Practitioners and have been involved with developing and piloting this. The aim is to build capacity for HP action by ensuring that practitioners are supported to achieve the necessary skills and competencies, and to recognize and celebrate this achievement. The evaluation has shown that registered practitioners feel that the process increases their confidence by acknowledging skills and knowledge that were previously unrecognized (C).

2b: A key element of my work as both (role) and the lead for (organisation) was to develop effective multi-agency partnerships to work collaboratively to improve health and reduce health inequalities. This involved developing a multi-agency strategy and action plan with partners including Education, Social Services, Children and Young People's Services, Youth Service, Contraception & Sexual Health Services and Housing, plus young people themselves (A & B).

2c: In 2008 I coordinated production of the Director of Public Health's Annual Report focusing on understanding the gap in life expectancy in (insert city name). This was produced in two formats. One was a formal report for professionals and elected members. The second was in easy to read newspaper format delivered to every household. It featured information on a range of issues and services, plus quizzes and competitions (D).

2d: Whilst (role), I developed the (project) to support and enable teenage mothers to return to education, training or employment. This involved fully understanding the context in which these young mothers lived and considering their capability, opportunity and motivation to change. The young mothers were encouraged to express their needs and preferences through both individual and group work (A).