



2019 Wrap Up

The Australian Health Promotion Association (AHPA®) is the only professional association specifically for people interested or involved in the practice, policy, research and study of health promotion.

AHPA® is a trademark of the Australian Health Promotion Association

A NOTE FROM THE PRESIDENT ...

It has been another busy year for the Association. We conducted a range of activities for members and advocated for health promotion and the health promotion workforce. Next year we will launch new initiatives and make progress on other activity including the Community Health Ethics Board, Reconciliation Action Plan, national Journal Club, Evaluation Community of Practice and Learning and Teaching Community of Practice. We will also support the PHAA Preventive Health Conference 2020.

In 2020 we look forward to celebrating with you, our members and supporters, 30 years of the Australian Health Promotion Association. We hope the year provides an opportunity to reflect on past achievements, catch up with lost friends and welcome new colleagues to the Association. Above all we envision the year will provide an opportunity to look to the future with optimism as we launch our new Strategic Plan. We hope you will join with us to share stories, attend events and advocate with us regarding the value, contribution and credibility of the health promotion profession and discipline to a healthy and equitable Australia.

I would like to take this opportunity to thank the Board and Branches for their tireless contributions to the Association and to health promotion across Australia. On behalf of the Board, I would also like to thank our members and partners for their support over the year. Wherever you are and whatever you do, our warmest wishes to you and your loved ones for the festive season and new year. We know for many, this time of year can be tough. Please look out for one another, and, if you need help, please contact one of the local or national services such as Lifeline Lifeline on 13 11 14 or via online chat:

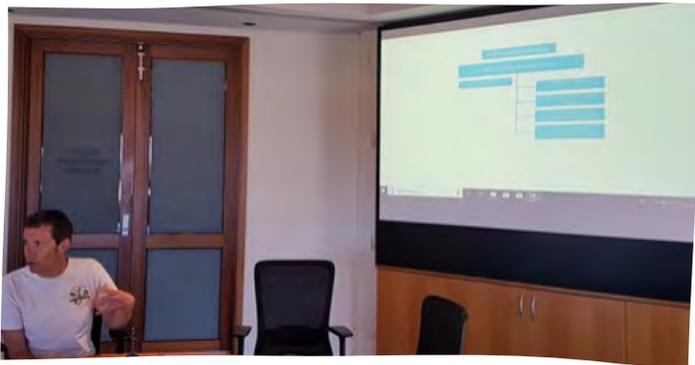
<https://www.lifeline.org.au/get-help/online-services/crisis-chat>.

**Gemma Crawford,
National President**



BOARD FACE TO FACE MEETING

In November, the AHPA Board held its annual face to face meeting in Perth. The meeting was highly productive with a number of decisions made about the strategic direction and operations of the Association. We look forward to sharing these in the coming months. Additionally, we made great progress around the AHPA Reconciliation Action Plan, identified a number of new professional development opportunities, discussed our involvement in the Preventive Health 2020 Conference and planning for the 2021 Population Health Congress and provided an update on a number of advocacy activities. We also discussed progress on: the registration of health promotion practitioners; budgets and governance activities; a community of practice for scholarship of health promotion; national journal club; community health ethics board; and the 30th anniversary year of the Association in 2020. Several awards were also made to members and we met with representatives of PHAA and IUHPE over the course of the meeting. Stay tuned for more.



Please note the Board, Branches and Secretariat will be taking a well deserved break from Friday 20 December to Monday 6 January.

COMMUNITY HEALTH ETHICS BOARD

The Community Health Ethics Board (CHEB) Working Group is pleased to provide AHPA members with an update on the CHEB pilot project. The aim is to develop a model that will build understanding of ethics for health promotion practice and the development of ethical informed practices within health and community based organisations in Australia.

Phase one of the project involved the collation of comprehensive information about ethical practices within key health and community-based organisations (representing a selected broad range of applied health promotion practice), including barriers and enablers to obtaining ethics approval. During 2019 a number of activities were undertaken to seek organisational and individual perspectives to determine preferred CHEB models and characteristics:

1. An online survey was distributed to AHPA members in February 2019.
2. Qualitative data were collected from participants at a workshop held at the 23rd IUHPE World Conference on Health Promotion in Rotorua in April 2019.
3. In-depth interviews were conducted in September and October with organisations that currently do not have access to a HREC and whose health promotion staff would be likely to use a CHEB.

A summary of key findings is provided on the [AHPA website](#). The Working Group is currently finalising the recommendations for the CHEB model. More information will be made available to AHPA members in 2020. The CHEB Working Group would like to thank all workshop, survey and interview participants for their support and input.

If you have questions about this project please contact Dr Krysten Blackford at Curtin University on (08) 9266 2751 or k.blackford@curtin.edu.au.

RESEARCH, EVALUATION AND EVIDENCE TRANSLATION (REET)

It is with great pleasure we provide an update on the activities of the Health Promotion Journal of Australia (HPJA), the editorial team and REET for September, October, November, 2019.

Ray James Award 2019 – Winner announced Dr Rosalie Schultz

The Ray James Memorial Award winner was announced and presented at the annual AHPA Board face to face meeting. It is with great pleasure that Dr Rosalie Schultz (primary author) and her co-authors (Tammy Abbott, Jessica Yamaguchi and Sheree Cairney) were selected as the 2019 Ray James Memorial Award recipients for their paper entitled:

'Injury prevention through employment as a priority for well being among Aboriginal people in remote Australia'.

Watch out for a short video to be featured on the AHPA website in 2020 and take some time to read the paper over the Christmas New Year break, check out the link [here](#).

This year the field was very competitive and a **Highly Commended** was also awarded to Corie Gray (primary author) and her co-authors (Gemma Crawford, Alison Reid and Roanna Lobo) for their paper titled:

'HIV knowledge and use of health services among people from South-East Asia and sub-Saharan Africa living in Western Australia'

Congratulations to all the winners!!! The award was judged by four independent assessors and overseen by the Editor-in-Chief. Take a cool drink over summer and time to look at Corie's paper [here](#).



Highly Commended winners Alison Reid, Corie Gray and Gemma Crawford

REET CONT ...

Chris Rissel Reviewer Award 2019

In 2018, AHPA announced a new award to recognise outstanding and distinguished service by Professor Chris Rissel to the Association and the Health Promotion Journal of Australia (HPJA). The Professor Chris Rissel Reviewer Award recognises the contribution reviewers (peer review by invitation) make to the HPJA. Many of our members accept the invitation to peer review for the Journal. This year's assessment process was independently led by the Chair of the REET Committee based on a range of journal reviewer metrics. [Sarah Clifford](#) from the Northern Territory branch was selected as the recipient of the 2019 Professor Chris Rissel Reviewer Award. Congratulations!!!!

Editor in Chief – Professor James Smith spotlight

In 2020, Professor James Smith, Editor in Chief of HPJA will be taking up a prestigious Fulbright Scholarship; the flagship foreign exchange scholarship program of the USA, aimed at increasing binational research collaboration, cultural understanding, and the exchange of ideas. James and his family have headed off for a vacation and travel around South and North America before commencing the Scholarship in the US. He will be overseas until the end of August, 2020 but will continue to oversee the HPJA remotely, together with support from Professor Jenni Judd and the Editorial Team based in Australia. We wish James and his family a safe holiday and exciting times working on his Scholarship.

Nutrition and Physical Activity Special issue December 2019 of HPJA Volume 30 Issue S1

As 2020 fast approaches we release a bumper Special edition on Nutrition and Physical Activity. This special issue focuses on the priority health areas of physical activity and nutrition. The studies adopt various methodologies exploring knowledge and behaviours with diverse populations in a range of setting. [Click here](#) to read the articles over the break introduced by former Editor in Chief Associate Professor Jonine Jancey and Helen Trevena.

REET CONT ...

Strengthening health promotion practice through evaluation | REET – AHPA workshop series

Dr Joanna Schwarzman and Professor Ben Smith presented a series of workshops, co-hosted by AHPA local Branches and REET. Dr Joanna Schwarzman recently completed her PhD at the School of Public Health and Preventive Medicine at Monash University and the workshop presented the findings from the Evaluation in Health Promotion study which identified key individual, organisational and system-level factors that affect evaluation practice and quality in health promotion. Check out the summary of Jo's workshop [here](#) and you can read all about Jo's work just published in [HPJA](#).

Wiley submission process trial for 2020 - Change to the submission process to HPJA

Authors consistently let Wiley know that one of the most difficult aspects of publishing their research is navigating the submission process (see, for example, this [article](#) and this [blog post](#)). Wiley have suggested trialling in 2020 the 'Free Format submission', which would mean that as long as manuscripts are readable with an internally consistent format, meet a few minimum requirements, and contain enough information for Wiley to be sure that they adhere to standards of ethics and integrity -authors can submit in whatever format is easiest for them. EiC Professor James Smith has approved this trial and Wiley are making the changes and updating the Authors Guidelines – watch this space for more information in 2020.

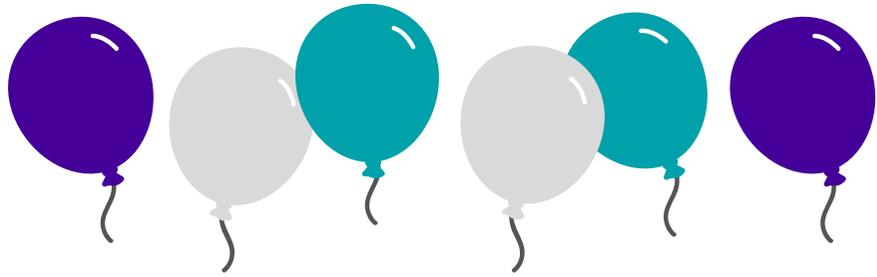
HPJA is online

Don't forget the HPJA is fully online! AHPA members can access the journal by:

1. Logging in to the members area of the AHPA website
2. Click on Journal > Journal Overview (<https://www.healthpromotion.org.au/journal/journal-overview>)
3. Click on the Read the Journal button. This will redirect you to the journal on the Wiley Online Library.

Happy reading!

HEALTH PROMOTION PRACTITIONER REGISTRATION

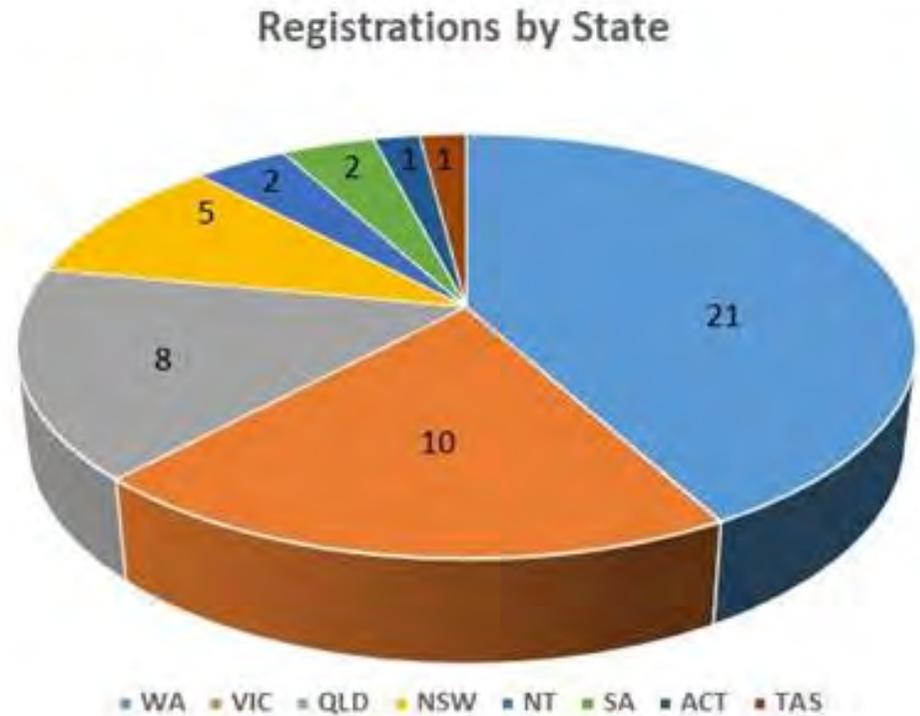


TIME TO CELEBRATE!

There are now **50** Registered Health Promotion Practitioners in Australia ...

And that's the most on the world!

Here's how it looks by state....



Becoming a Registered Health Promotion Practitioner will help you stay ahead of the pack, value-add to job applications and contribute to the professionalisation of our health promotion workforce.

DON'T WAIT - apply to be a Registered Health Promotion Practitioner TODAY

Go to <https://www.healthpromotion.org.au/our-profession/practitioner-registration> and start your application NOW!

ADVOCACY

The Association has been busy with a range of advocacy action throughout 2019. Some of this work was undertaken directly and some through the range of organisations that AHPA is a member of (for example the Australian Gun Safety Alliance and the Climate and Health Alliance of which AHPA is a Board member). There has been a range of media activities associated with a number of these actions that AHPA has also been involved in. Advocacy included:

- Signed joint statement on NSW air pollution & climate
- Signed a joint letter on ACCC Digital Platforms Inquiry response
- Signed a joint statement on LGBTI mental health
- Signed a letter to NSW Premier regarding last drinks and lockouts
- Signed a letter to the WHO DG and EB re PMI-funded Foundation for a Smoke-Free World
- Signed a letter calling on delegates of the United Nations General Assembly (UNGA) to reject engagement with the tobacco industry at its meetings during the 74th UNGA session happening between September 17-30.
- Signed a letter coordinated by ACOSS to Energy Ministers re: energy efficiency
- Sent a letter to the Environment Minister at the federal and state/territory level as part of CAHA's Clearing the Air Campaign to support stronger air pollution standards
- Sent a letter to the Federal Health Minister about health promotion and prevention



ADVOCACY CONT ...

- Sent a joint letter to the WA Minister for Health regarding WA Sustainable Health Review Final Report with the WA Branch
- Sent a letter to the Federal Health Minister re composition of Preventive Health Strategy Steering Committee
- Sent letters to the Minister for Health, Shadow Minister for Health and Leader of the Greens in the lead up to the 2019 Federal election. In addition provided information for branches to use in local advocacy
- Submission to the Inquiry into Effective approaches to prevention, diagnosis and support for Fetal Alcohol Spectrum Disorder
- Submission to the National Obesity Strategy Consultation
- Submission to the NSW Joint Select Committee on Sydney's Night Time Economy on Sydney lockout laws review
- Submission to the Food Standards Australia New Zealand (FSANZ) is undertaking a consultation on the proposed labels Submission to Proposal P1050 – Pregnancy warning labels on alcoholic beverages
- Participated in the consultation for National Obesity Strategy Consultation
- Participated in the National Preventive Health Workshop
- Participated in the meeting of the National primary & community health network meeting-VIC
- Participated in the PHAA-ACOSS National Preventive Health Strategy forum
- Participated in the Trade and Health Roundtable
- Participated in the CAHA annual general meeting
- Participated in the National Prevention Gathering
- Participated in the WA Obesity Advocacy Targets Forum
- Participated in the #KeepSydneySafe campaign

BRANCH PRESIDENTS

The Branch Presidents meet each month by Zoom to share information, resources, advocacy efforts and ideas, progress common initiatives and ensure communication between branch committees and the Board. We've had some new people join this year and some familiar faces leave. We've progressed an induction manual to guide branch committee members; overseen the mentoring program, provided advice and feedback on the registration process through the attendance of Andrew Jones-Roberts and we've moved to a common budget and planning timeline to name just a few. Several Board members have joined us for meetings which is always appreciated. Thank you to everyone for your commitment to your members and to AHPA.

OPERATIONAL PLAN

The Board will be announcing the new 2020 - 2024 Strategic Plan in the new year so we have taken the opportunity to reflected on how we progressed our Operational Plan 2014 - 2019. You can see our progress [here](#).

SOCIAL MEDIA

We now have 5,640 followers on Twitter. The Branches and Membership and Communications Committee take turns hosting the Twitter account each month to ensure we keep you up date on relevant health promotion information from the twittersphere. Perhaps you would like to become one of our regular Twitter contributors? If so, get in touch members@healthpromotion.org.au.



@AHPA_AU



@AHPA_AU

BRANCH HIGHLIGHTS

QUEENSLAND BRANCH

- Coffee catch ups were held with Queensland AHPA members in Brisbane and a number of regional locations throughout the year.
- The Branch provided a population perspective to help shape direction into Health and Wellbeing Queensland's co-design workshop "Connecting people with health improvement options".



Coffee catch ups with QLD members

NORTHERN TERRITORY BRANCH

- The NT Branch has a Facebook page. Why not follow the page and share in conversations about health promotion

<https://www.facebook.com/AHPA.NTBranch/>



BRANCH HIGHLIGHTS

Keep up to date with your local branch news in 2020 by signing up to their newsletter under the 'My Account' section when you log into the AHPA website.

SOUTH AUSTRALIAN BRANCH

- Kicked off the year with an Annual Breakfast Meeting which had a large turnout
- Advocated for health promotion presence and focus on the SDoH in the newly formed Wellbeing SA through submissions
- Hosted Strengthening Evaluation in Health Promotion Practice workshop in SA
- Financial support and presence from VP SA as an expert/mentor at the National Public Health Association Australia student and young professionals careers night held in Adelaide

NEW SOUTH WALES / AUSTRALIAN CAPITAL TERRITORY BRANCH

- Strengthening health promotion practice through evaluation workshop

This half day workshop was jointly hosted by the Australian Health Promotion Association NSW/ACT Branch and the Prevention Research Collaboration, The University of Sydney on Friday 8th November 2019. It was well attended, with nearly 100 people attending in person or via Zoom. Dr Joanna Schwarzman, an AHPA Victoria branch member, led the workshop, which reported on the evaluation practices of 116 prevention agencies from around Australia. It also covered the importance of evaluation in policy and programs in Australia and factors that affect how evaluation is undertaken and put to use.

- The committee piloted a one day workshop for six members to support development of applications for IUHPE registration. The day was successful and will be offered to members next year
- Held a careers expo



*Wishing you a safe &
happy festive season*

We look forward to working with you in 2020 to advance the health of Australians through leadership, advocacy and support for health promotion action in practice, research, evaluation and policy.



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